

# New Life Recovery Center

## Adolescent School Program



For the past 25 years, New Life Recovery Center has been providing professional assessment and outpatient treatment services for youth struggling with substance abuse.

The Adolescent School Program provides substance abuse treatment and academic support to students ages 13-18. Our mission is to meet the complex needs of adolescents with substance abuse issues.

**Goal:** The goal of The School Program is for the adolescent to achieve and maintain abstinence in order to develop new coping skills, in a safe environment. Each student is given individual attention to help them reach their academic goals. The desired outcome is for the participant to return back to the school setting successfully.

### Services:

- State of N.J. Certified Teachers
- Individual Tutors
- Extensive Support Staff
- School Liaison
- Licensed and Certified Substance Abuse Counselors
- Daily Group Therapy with a Licensed Counselor
- Individual Counseling
- Yoga/Mindfulness taught by a licensed yoga instructor
- Multi-Family Group
- Transportation may be available in certain cases



**Length of stay:** All students will commit to staying for at least 6 weeks. After this time, the treatment team will meet and review the student's progress and determine an appropriate plan for moving forward.